

## Foxhill Medical Centre - Healthy Living Group Minutes 13<sup>th</sup> March 2014

### PRESENT:

**IO, BP, AG, GE, UG, SB, BH, JA, JF, CL and MN** (MN came a little late)

### Growing and Gardening Bid

Clair discussed Growing Gardening and Gathering Bid, which would involve, Art growing and Gathering and would be a new group run at the practice

Explained the bid had been put in with Grow Sheffield and Jenny Laird, with lots of work from Danny from Grow Sheffield who pulled the bid together.

If the bid was successful the HLG could be involved in guiding the project and details would be brought to the group

### Jabadao

The group were very impressed by the details of the **Jabadao** dementia project run by **Parson Cross Forum**.

CL told the group the benefits for our patients and how it seemed to really touch people with dementia and the music and movement together seems to stimulate something. Patients and relatives seemed to really benefit.

CL has been supporting this project, alongside other volunteers from Asda and the local community. Parson Cross Forum's Louise Clamp runs the project.

**Jabadao is held Mondays 1pm -2pm at St Thomas Moor opposite the shops on Margetson.**

### Displays

As previously discussed the displays are now being put up in reception regularly, at the moment it is NO smoking Day display . It was also used to display a heart health display in February using the art groups encaustic wax hearts to make the display more interesting!

**MN entered the meeting apologised for late arrival and introduced herself to new member BP.**

### Fund raiser

For the art group/Coffee morning – we will come up with some suggested dates for this at the next meeting but plan to have a fund raiser the Art group. This involved a bit of group discussion but the following ideas were raised!

1. A raffle
2. Selling the books for that month, with all profits going to the art group.
3. Alice mentioned how profitable table top sales can be for charities.
4. We wondered if the art group could produce items for sale too!
5. A cake bake – (Mandy suggested maybe a healthy option cake bake!)

## **Patient Survey**

MN issued copies of the patient survey results and lengthy discussion took place to enable the action plan to be formulated and agreed. (This is enclosed with the minutes, on display in the waiting room and on the practice website)

A lot of discussion took place on the various comments made, some of which were negative. It was agreed by the HLG that in the Newsletter which is to be drafted, that those patients with specific problems be asked to contact Mandy to discuss and hopefully sort out.

## **General Discussion brought about by the patient questionnaire responses:**

- JA stated that she was impressed by the booking online options, thought it was very good system.
- IO stated his wife had issues with booking on line, MN asked IO wife to contact her if problem persisted and she would look into it further.
- UG Asked re numbers of Dr on for same day access – Mandy stated normally 2 but often 3 on the busy day of Monday!
- JA asked what happens if unwell and same day access slots run out, Mandy stated that in that case patients should be offered a phone call back if their issue needs to be dealt with promptly, then the Doctor will decide if patient needs to be seen and will be fitted in as an extra.
- **If a baby needs seeing, these will always be seen at the end of clinic, no matter how busy a drop in may be.**
- BH stated how hard some of the Dr must work to fit in all the patients – stating that Chris Lilly actually visited them at home at about 7pm to check on her husband.

Clair made her apologies and left the meeting to start setting up for the art group

## **Information from Mandy on the expected changes for general practice**

Mandy explained that general practice nationally was going to be struggling with finances as there are many changes expected which will hopefully be beneficial for patients but challenging for practices to manage. When more information is available, Mandy will bring this to the meeting.

## **Tasks to be done for next meeting**

1. Come up with 3 possible dates for fund raiser
2. MN to look at the on line prescription glitch

**Next meeting date**

**THURSDAY 15 MAY 2014 AT 11.30**

**Was originally arranged for 8 May but Clair cannot attend**

**PS: If you get the chance please have a look at the enclosed 'Campaign News' so that we can discuss what the Healthy Living Group can do to help at the next meeting.**

**THANK YOU FOR YOUR CONTINUED SUPPORT, IT IS VERY MUCH APPRECIATED.**